

Welcome to the major international telemedicine and eHealth event in 2026!

Our Finnish Society of Telemedicine and eHealth organize the 31st of eHealth conference. This year 2026 we organize the conference together with The Finnish Society for Effectiveness in Social and Healthcare. The 2026 conference will cover themes related to effectiveness of eHealth and Welfare. The program is aimed at healthcare professionals, service providers and other professionals. The conference offers a unique meeting place for physicians, nursing staff and management, planning and education professionals. Top-quality international keynote presentations are accompanied by up-to-date scientific abstracts. We work closely with the University of Helsinki and Hospital District of Helsinki and Uusimaa. The conference will be held in University of Helsinki in very center of Helsinki. This year, the conference will take place between Thursday and Friday, 1.-2.10.2026.

<u>Conference topics (Track in English):</u>	<u>Conference topics (Track in Finnish):</u>
Opening ceremony	Avajaiset (englanniksi)
How to evaluate effectiveness of digital health and social services?	Vaikuttavuus tiedolla johtamisessa
Cybersecurity and Trust in Digital Healthcare and Social Welfare Services	Digihoidosta vaikuttavuutta ja kustannustehokkuutta
AI Assistants Transforming Healthcare and Social Services	Vaikuttavuus digitaalisilla hoitopoluilla
Advance Analytics and AI	Advance Analytics and AI (yhteinen)
Metaverse in Healthcare and Social Welfare Services	Etävastaanotto toiminta ammattilaisen ja asiakkaan näkökulmasta
Paradigm shift toward Planetary Health (joint session / yhteissessio)	

The conference will contribute 10 hours of theoretical training for Finnish physicians', dentists' and veterinarians' special competence for healthcare information technology. The application to accept 10 hours of theoretical training for Finnish medical and dental specialist qualification has also been submitted.

Welcome to listen, discuss and innovate!

Outi Ahonen
 President
 Finnish Society of Telemedicine and eHealth

Paulus Torkki
 President
 The Finnish Society for Effectiveness in Social and Healthcare

More information

Speakers

Paula Veikkolainen
conference@telemedicine.fi

Exhibition | Sponsors

Anna Lahti
 +358 415 352 813
anna.lahti@lab.fi

Scientific Abstracts and Posters

Elina Laukka
conference@telemedicine.fi

General information

Outi Ahonen
 +358 400 772 053
president@telemedicine.fi

Registration (ordinary)

<https://www.telemedicine.fi/en/product/2025-konferenssi/>

Conference info

<https://www.telemedicine.fi/en/>

CONFERENCE INFORMATION

- The conference is arranged in University of Helsinki.
- University of Helsinki: Aleksanterinkatu 5, 00170 Helsinki, Finland.

CONFERENCE FEES

- All conference fees include the full program, workshops, conference materials, meals announced in the conference program, and Dinner in Helsinki. Accommodation is not part of the conference fee.
Conference fees

Early bird price (valid until June 30, 2026):

Members of the Finnish Effectiveness Society & the Finnish Society of Telemedicine and eHealth: €420 (+ VAT 25.5%)

Non-members: €450 (+ VAT 25.5%)

From 1 July 2026 €525 (+ VAT 25.5%)

Undergraduate students 95€ (+ alv 25,5 %)

The undergraduate student fee includes the program, coffee service, and lunches, but not dinner

Exhibitor Package 850 € (VAT 0%)

Includes:

Exhibition desk (2 x 2 m)

Catering during the conference (coffee and lunch)

Conference dinner

5-minute presentation slot in the program

Visibility on the conference website and in the conference booklet

One full conference pass for a company representative

CONFERENCE PROGRAM

THURSDAY 1.10.2026 (Finnish time, Eastern Europe Time)

Venue: University of Helsinki.

9.00 Registration opens
University of Helsinki, Aleksanterinkatu 5

Session 1: The Opening Ceremony

Chair President Outi Ahonen, Finnish Society of Telemedicine and eHealth (FSTeH)

- | | | |
|--------------|--|-------------------|
| 10.00 | Conference opening words
<i>Outi Ahonen, President, Finnish Society of Telemedicine and eHealth</i>
<i>Paulus Torkki, President, The Finnish Society for Effectiveness in Social and Healthcare</i> | Exhibition |
| 10.20 | The role of digitalisation in developing social and healthcare services
TBC | |
| 10.35 | Opening words from Finnish Ministry of Social Affairs and Health
TBC, Ministry of Social Affairs and Health, Finland | |
| 10.50 | Assessment of Case Pohjanmaa
<i>Mika Kortelainen, Professor of health Economics, University of Turku, Finland</i>
<i>Research Professor, Finnish Institute for Health and Welfare (THL)</i> | |
| 11.15 | Delivery of Finnish national eHealth awards | |

11.30 Lunch, Networking break, exhibition and posters

Session 2A: How to evaluate effectiveness of digital health and social services?

Chair TBC

- | | | | |
|--------------|--|-------------------|-------------------|
| 12.30 | Value, effectiveness and impact – concepts in evaluation
<i>Paulus Torkki, Professor</i> | Session 2A | Exhibition |
| 12.55 | Effective and Sustainable Digital Social and Health Care: Value Creation as a Driver
<i>Kristian Kidholm, Professor, Head of research CIMT – Center of Innovative Medical Technology, University of Southern Denmark</i> | | |
| 13.20 | Scientific 5 min rapid presentations: TBC | | |
| 13.40 | Corporate presentations TBC | | |
| 13.50 | Networking break, coffee | | |

THURSDAY 1.10.2026 (Finnish time, Eastern Europe Time)
Session 2B: Vaikuttavuus tiedolla johtamisessa

Puheenjohtaja: Jarmo Reponen, Suomen telelääketieteen ja eHealth Seura (STeHS)

12.30 Tietojohtaminen hyvinvointialueella
Yrjänä Hynninen, Tiedolla johtamisen päällikkö, Länsi-Uudenmaan hyvinvointialue
12.55 Vaikuttava tietojohtaminen
Markku Eskola, Lääketieteellinen johtaja, Sydänsairaala
13.20 Scientific 5 min rapid presentations: TBC
13.40 Corporate presentations: TBC
13.50 Networking break, coffee

Session 2B

Exhibition

Session 3A: Cybersecurity and Trust in Digital Healthcare and Social Welfare Services

Chair: TBC, Finnish Society of Telemedicine and eHealth (FSTeH)

14.30 Cybersecurity Challenges in the Era of the European Health Data Space
Evangelos Markatos, Professor, Computer Science Department, University of Crete
14.50 Cybersecurity of everyday and disruptive technologies in healthcare
Kimmo Halunen, Professor
15.10 Scientific 5 min rapid presentations: TBC
15.30 Corporate presentations: TBC

Session 3A

Exhibition

15.45 Networking break, exhibition and posters
Session 3B: Digihoidosta vaikuttavuutta ja kustannustehokkuutta

Puheenjohtaja: Tomi Laitinen Suomen Telelääketieteen ja eHealth Seura (STeHS)

14.30 Digitaalisten hoitomuotojen arviointi
Jari Haverinen, Erityisasiantuntija, Suomen terveydenhuollon menetelmien arvioinnin koordinaatiokeskus (FinCCHTA)
14.50 Digitaalisten hoitojen käyttöönotto - Riskit ja mahdollisuudet, paneelikeskustelu
Jenny Vuollet, Johtaja, DigiFinland, Jari Haverinen, Erityisasiantuntija, FinCCHTA, Tuomas Mäkynen, Toimitusjohtaja, ORLA, Laura Alanko, Takeda Europe. Puheenjohtajana Tomi Laitinen
15.45 Networking break, exhibition and posters

Session 3B

Exhibition

Session 4A: AI assistants Transforming Healthcare and Social Services

Chair: Birgitta Tetri, Finnish Society of Telemedicine and eHealth (FSTeH)

16.30 AI Summary Assistant for Child and Family Social Work
Milla Sulunsilta, Project Planner, The Wellbeing Services County of Pirkanmaa, Finland
16.50 TBC
17.10 AI Assistants as the New Health Workforce Layer?
Robin Ohannessian, Founder & CEO, Vickino & President, Armenian Association of Digital Health, Armenia
17.30 Scientific 5 min rapid presentations: TBC
17.50 Corporate presentations: TBC
19.30 Dinner and networking event

Session 4A

Exhibition

Session 4B: Vaikuttavuus digitaalisilla palvelupoluilla

Puheenjohtaja: TBC

- 16.30** Henkilökeskeinen tietomalli vaikuttavuuden arvioinnin pohjana
Katja Antikainen, Tieto- ja vaikuttavuusjohtaja, OmaHäme
- 16.50** TBC Digi- ja etäpalvelut osana asiakkaan hoitoa ja palvelupolkua
Nora Tarvus, Ylilääkäri, Pohjois-Karjalan hyvinvointialue
- 17.10** Pitkäaikaissairauksien digihoitopolut
Pauliina Nurmi, Ylilääkäri, Digipalvelut, Etelä-Savon hyvinvointialue
- 17.30** Scientific 5 min rapid presentations: TBC
- 17.50** Corporate presentations: TBC

Session 4A

Exhibition

19.30 Dinner and networking event at Helsinki CityHall

FRIDAY 2.10.2026 (Finnish time, Eastern Europe Time)
Session 5: Advance analytics and AI

Chair: Vesa Jormanainen, Finnish Society of Telemedicine and eHealth (FSTeH)

- | | | | |
|-------------|--|------------------|-------------------|
| 9.30 | Using real-world data for personalized forecasts and shared decision making
<i>Philip van der Wees, Professor of Allied Health Sciences, Radboud University Medical Center</i> | Session 5 | Exhibition |
| 9.55 | Front-line deployed AI solutions in healthcare - where are we today?
<i>Oscar Boldt-Christmas, Co-founder, Tandem Health, Finland</i> | | |

10.20 Networking break, exhibition and posters
Session 6: Workshops

Chair: TBC, Finnish Society of Telemedicine and eHealth (FSTeH) and The Finnish Society for Effectiveness in Social and Healthcare

- | | | | |
|--------------|---|------------------|-------------------|
| 10.45 | Below is the current lineup of this year's workshops, highlighting emerging technologies, evidence-generation, and practical implementation of effective digital health solutions. More information coming later! | Session 6 | Exhibition |
|--------------|---|------------------|-------------------|

Workshop 1
Minna Pikkarainen

Professor, OsloMet

Challenges and Benefits of Virtual Reality / Augmented Reality in Home Rehabilitation

Focus on VR/AR tools supporting remote care, rehabilitation pathways, and patient engagement.

Workshop 2
Silje Havrevold Henni

Senior researcher, PhD, MNSc, RN, University of Oslo

Building Interoperability Capacity for the European Health Data Space (EHDS)

The overall vision of XiA-project is to translate validated workforce needs into an operational, EHDS-aligned educational architecture. The workshop will: Present an overview of the educational content and training resources that XiA can offer. Discuss how we can jointly build interoperability capacity for the European Health Data Space among: IT developers, Implementers of EHDS components, Users of EHDS components. Your input will help us refine and prioritise the educational pathways needed to effectively realise the European Health Data Space.

Workshop 3
HUS
AI Competences and Industry Collaboration

Discussion on the skills needed for safe and effective AI deployment in healthcare - including opportunities for co-development with digital health companies.

Workshop 4
Otto Olavinen

Founder, Health Design

Impact Coordinator, Biodesign Finland / Aalto University

Transforming Clinical Needs into Innovative Solutions

A practical deep dive into human-centered design, clinical need identification, and pathways from problem to validated digital solution.

Workshop 5
Paulus Torkki

Vaikuttavuusseura ry

How Can the Effectiveness of Digital Services Be Evaluated?

Methods, metrics, and frameworks for assessing digital health effectiveness in real-world environments.

12.00 LUNCH Networking break, and exhibitions & poster session
Session 7A: Metaverse in Healthcare and Social Welfare Services

Chair: Elina Laukka Finnish Society for Telemedicine and eHealth (FSTeH)

- | | | | |
|--------------|--|-------------------|-------------------|
| 13.00 | Federated Infrastructure for digital twin applications in scientific virtual environments - Advancing eHealth and biomedical research
<i>Jayden Khakurel, Researcher, Pirjo Spuul, Senior Researcher</i> | Session 7A | Exhibition |
| 13.15 | Digital Twins and Data-Driven Health Technologies: New Opportunities for Personalized Monitoring and Decision Support in Neurological Disorders
<i>Parisa Gazerani, Professor</i> | | |
| 13.30 | Scientific 5 min rapid presentations: TBC | | |

We reserve the right to changes without prior notice

13.45 Corporate presentations: TBC

13.50 Networking break and exhibitions & poster session

Session 7B: Etävastaanotto toiminta ammattilaisen ja asiakkaan näkökulmasta
Puheenjohtaja: Paula Veikkolainen, Suomen Telelääketieteen ja eHealth Seura (STeHS)

13.00 Etävastaanotto toiminnan käyttöönotto ja kokemukset alueellisessa digisotekeskuksessa

Katja Rääpysjärvi, Palvelualuejohtaja, Pohjois-Pohjanmaan hyvinvointialue

13.15 Voidaanko lihavuutta hoitaa etänä? Vaikuttavuusperusteisen Kevyt Askel-ohjelman tuloksia.

Johan Fagerudd, Vastaava lääkäri, Diabetes- ja Painonhallintaklinikka, Pihlajalinna

13.30 Scientific 5 min rapid presentations: TBC

13.45 Corporate 5min presentations: TBC

Session 7B
Exhibition

13.50 Networking break, coffee, refreshments, and exhibitions & poster session

Session 8: A paradigm shift toward Planetary Health

Chair: Kaisa Lällä (FSTeH)

14.20 A paradigm shift toward Planetary Health and One Health in digital services

Chiara Cadeddu, Professor, Erasmus University Rotterdam

14.45 Summary and closing words

Outi Ahonen, President, Finnish Society of Telemedicine and eHealth

Paulus Torkki, President, The Finnish Society for Effectiveness in Social and Healthcare

Have safe trip back home!

The program can be changed without a prior notice.



Finnish Journal of eHealth and eWelfare